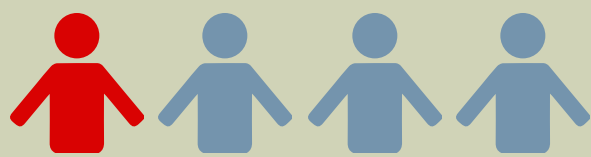


FOOD INSECURITY IN SACRAMENTO



Nearly 50 percent of people in Sacramento County who are food insecure have children under 18 living in the home.



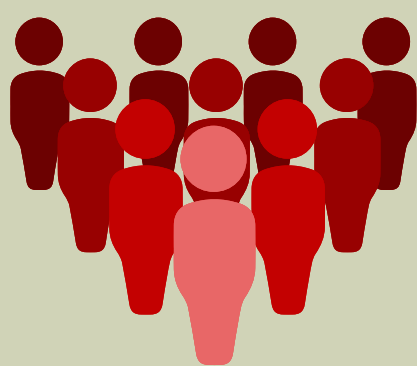
1 in 4 children in Sacramento County live in poverty

242,830

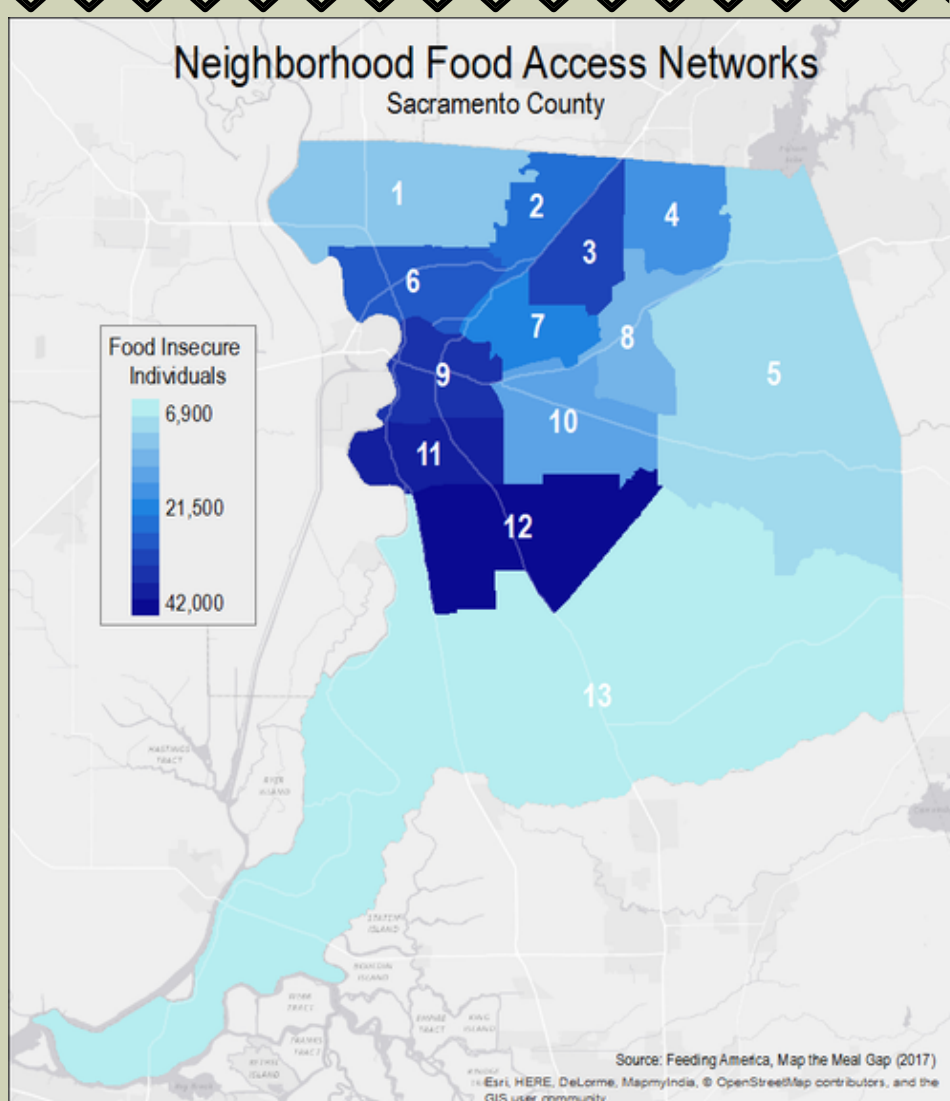
People in Sacramento are food insecure

COST OF LIVING

Families who have never needed assistance before are finding themselves food insecure. With increasing costs of living and medication, Sacramentians are struggling to be able to pay enough for food. Right now, hunger, which has been typically linked to homelessness is being experienced by young and old, suburban and urban and working and non-working families.



People who are food insecure are disproportionately affected and susceptible to chronic diseases such as diabetes and high blood pressure. In young children, food insecurity has been linked to delayed development as well as risk of chronic illnesses like asthma and anemia; and behavioral problems like hyperactivity and anxiety.



\$2.98

Average Cost Per Meal

16.7 %

Of people in Sacramento are food insecure

98,310 HOUSEHOLDS

In Sacramento are enrolled in CalFresh

For more information please contact:

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